NatWest International Island Games 2023

Sailing Event

Thursday 6th July - Friday 14th July 2023
Organizing Authority
Guernsey Yacht Club LBG

Sailing Instructions

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

1.1. The event will operate in accordance with the IIGA Sailing By-laws dated January 2023 and will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

1.2. Hearings, including Protests, Requests for Redress and Appeals, relating to the Sailing competition, and which are covered by the RRS shall be dealt with in accordance with Part 5 of the RRS rather than in accordance with IIGA The Sports and Sports By-Laws Part 1 GENERAL Section 5 – Jury of Appeal.

The RYA national prescriptions that apply are detailed in NoR Addendum A.

1.3. Local regulations see NoR 1.3.

1.3.1. [DP] [NP] Unless instructed otherwise by safety vessels, boats shall only exit or enter the harbour when the traffic signals show two green lights over one white light or three green lights.

1.4. RRS Appendix P will apply as changed by NoR 14.

1.5. RRS 40.1 shall apply at all times whilst afloat.

1.6. If there is a conflict between languages, the English text takes precedence.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 (for morning races) or 1330 (for afternoon races) on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

3.1. Notices to competitors will be posted on the online official notice board located at https://guernsey2023.gg/the-sports/sailing.

3.2. The Regatta Office is in the Guernsey Sailing Trust training room located as shown in NoR Addendum B.

4. CODE OF CONDUCT

4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4.2. [DP] Competitors and support persons shall handle any equipment provided by the organizing authority with care and seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the flagpole outside the Guernsey Yacht Club.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5.3 [DP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.

6 SCHEDULE OF RACES – see Notice of Race 9 SCHEDULE

6.1. One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to SI 2.

6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with multiple sound signals at least five minutes before a warning signal is made.

7 CLASS FLAGS

7.1. The ILCA 7 class flag is a white flag with 'ILCA' in red lettering.

7.2. The ILCA 6 class flag is a green flag with 'ILCA' in red lettering.

8 RACING AREA – see Notice of Race 12 VENUE

9 COURSES

9.1. The diagrams in SI Addendum A show the courses, including the approximate angels between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2. No later than the warning signal, the race committee signal vessel will display the course to be sailed and the approximate compass bearing of the first leg.

10 MARKS

Marks are:

- Port-end starting mark – orange cylindrical inflatable
- Mark 1 – tall orange inflatable with white horizontal stripe at top
- Marks 1a, 2, 3, 4, 4p, 4s – orange tetrahedral inflatable
- Port-end finishing mark – blue dumpy inflatable

11 OBSTRUCTIONS – NOT USED

12 THE START

12.1. The starting line is between a staff displaying an orange flag on the race committee signal vessel at the starboard end and the course side of the port-end starting mark.

12.2. A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.–

13.2 The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 100 metres to windward or leeward without signalling Flag C, a direction signal, a length signal, or a sound signal. This changes RRS 33.

14 THE FINISH

The finishing line is between a staff displaying a blue flag on the signal vessel and the course side of the port-end finishing mark.

15 PENALTY SYSTEM – see Notice of Race 14 PENALTY SYSTEM

16 TIME LIMITS AND TARGET TIMES

16.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), the Finishing Window, and the Target Time are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Time
20 minutes	75 minutes	10 minutes	45 minutes

16.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

16.3. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finish Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

16.4. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

17 HEARING REQUESTS

17.1. The protest time limit is 60 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.

17.2. Hearing request forms are available from the Regatta Office.

17.3. Notice will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Guernsey Yacht Club Clubroom, beginning at the time posted.

17.4. A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.

18 SCORING – see Notice of Race 15 SCORING

19 SAFETY REGULATIONS

19.1. [DP] [NP] Tallies will be available from the Beach cabin at the top of the launching ramp.

19.1.1 Before going afloat, competitors must attach their tally around their right wrist and ensure that it is visible at all times whilst on the water, except when adjusting clothing.

19.1.2 The tally must be returned to the tally marshal on shore within five minutes of returning to the shore.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1. Substitution of competitors is not allowed.

20.2. [DP] [NP] Damage or loss of equipment shall be reported to the Regatta Office immediately after coming ashore and, as required, will be repaired or replaced. Substitution of damaged or lost equipment is not allowed unless authorized in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

20.3. See NoR 17 for details of changes to equipment which are permitted to Loaned Boats.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21.2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

21.3. The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor set out in these sailing instructions.

22 LOANED BOATS – NOT USED

23 OFFICIAL VESSELS

23.1. Official boats will be identified as follows:

- Signal vessel – red flag with RC in white letters
- Patrol boats – blue flag with letters ‘P1’ to ‘P5’ in white letters
- Mark boats – blue flag with letters 'M1’ or ‘M2’ in white letters
- Jury – blue flag with letter ‘J1’ in white

24 [DP] SUPPORT TEAMS – see Notice of Race 16 SUPPORT PERSON VESSELS

25 TRASH DISPOSAL

Trash may be placed aboard official vessels.

26 BERTHING -see Notice of Race 18 BERTHING

27 HAUL OUT RESTRICTIONS – NOT USED

28 DIVING EQUIPMENT AND PLASTIC POOLS – NOT USED

29 PRIZES – see Notice of Race 29 PRIZES

30 RISK STATEMENT – see Notice of Race 30 RISK STATEMENT

31 INSURANCE – see Notice of Race 31 INSURANCE

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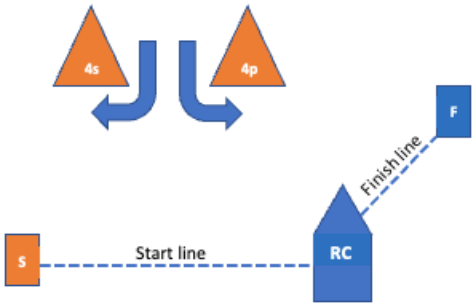
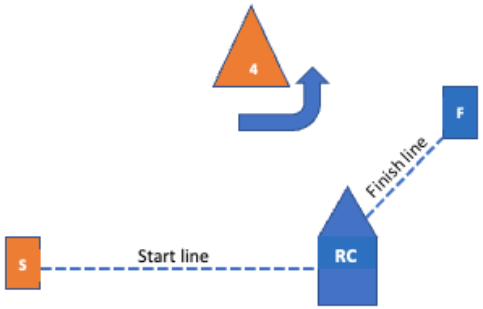
SAILING INSTRUCTIONS ADDENDUM A - COURSES

Windward leeward course

Course	Marks
L2	1 - 1a - 4s or 4p – 1 – 1a – 4p - Finish
L3	1 -1a – 4s or 4p – 1 – 1a – 4s or 4p – 1 -1a – 4p - Finish
L4	1 -1a – 4s or 4p – 1 – 1a – 4s or 4p – 1 -1a – 4s or 4p – 1 – 1a -4p - Finish



Trapezoid course

Course	Marks
T2	1 - 2 – 3 - 4 – 1 – 2 – 3 – Finish
T3	1 - 2 – 3 - 4 – 1 – 2 – 3 – 4 – 1 – 2 – 3 – Finish
T4	1 - 2 – 3 - 4 – 1 – 2 – 3 – 4 – 1 – 2 – 3 – 4 – 1 – 2 – 3 - Finish